

PSHE and RSE at Stanley Rd Primary School

September 2026



This document contains a summary of all units and lesson plans to be taught through the school year in each phase.



The Scarf curriculum has 6 themes that are repeated throughout each academic year. The subject content increases as the children move through school.

Autumn 1	Autumn 2	Spring 1
Me and my relationships	Valuing difference	Keeping safe
Spring 2	Summer 1	Summer 2
Rights and respect	Being my best	Growing and changing

Year 1		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. Why we have classroom rules 2. How are you listening? 3. Thinking about feelings 4. Our feelings 5. Feelings and bodies 6. Good friends	Valuing difference: 1. Same or different? 2. Unkindness, teasing or bullying? 3. Harold's school rules 4. It's not fair! 5. Who are our special people? 6. Our special people balloons	Keeping safe: 1. Super sleep 2. Who can help? (1) 3. Good or bad touches 4. Sharing pictures 5. What could Harold do? 6. Harold loses Geoffrey
Spring 2	Summer 1	Summer 2
Rights and respect: 1. Harold has a bad day 2. Around and about the school 3. Taking care of something 4. Harold's money 5. How should we look after our money? 6. Basic first aid	Being my best: 1. I can eat a rainbow 2. Eat well 3. Harold's wash and brush up 4. Catch it! Bin it! Kill it! 5. Harold learns to ride his bike 6. Pass on the praise	Growing and changing: 1. Healthy me 2. Then and now 3. Taking care of a baby 4. Who can help? (2) 5. Surprises and secrets 6. Keeping privates private

Year 2		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. Our ideal classroom (1) 2. How are you feeling today? 3. Let's all be happy! 4. Being a good friend 5. Types of bullying 6. Don't do that!	Valuing difference: 1. What makes us who we are? 2. My special people 3. How do we make others feel? 4. When someone is feeling left out 5. An act of kindness 6. Solve the problem	Keeping safe: 1. Harold's picnic 2. How safe would you feel? 3. What should Harold say? 4. I don't like that! 5. Fun or not? 6. Should I tell?
Spring 2	Summer 1	Summer 2
Rights and respect: 1. Getting on with others	Being my best: 1. You can do it! 2. My day	Growing and changing: 1. A helping hand

2. When I feel like erupting 3. Feeling safe 4. Playing games 5. Harold saves for something special 6. How can we look after our environment?	3. Harold's post card 4. Harold's bathroom 5. What does my body do? 6. Basic first aid	2. Sam moves away 3. Haven't you grown! 4. My body, your body 5. Respecting privacy 6. Some secrets should never be kept
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Year 3		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. As a rule 2. Looking after our special people 3. How can we solve this problem? 4. Friends are special 5. Thunks 6. Dan's dare	Valuing difference: 1. Respect and challenge 2. Family and friends 3. My community 4. Our friends and neighbours 5. Let's celebrate our differences 6. Zeb	Keeping safe: 1. Safe or unsafe? 2. Danger or risk? 3. The risk robot 4. Super searcher 5. Help or harm? 6. Alcohol and cigarettes: The facts
Spring 2	Summer 1	Summer 2
Rights and respect: 1. Helping each other to stay safe 2. Recount task 3. Our helpful volunteers 4. Can Harold afford it? 5. Earning money 6. Harold's environment project	Being my best: 1. Derek cooks dinner! 2. Poorly Harold 3. Body teamwork 4. For or against? 5. I am fantastic! 6. Top talents	Growing and changing: 1. Relationship tree 2. Body space 3. None of your business! 4. Secret or surprise? 5. Pantosaurus (NSPCC) 6. Basic first aid

Year 4		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. Human machines 2. Ok or not ok? (1)	Valuing difference: 1. Can you sort it? 2. What would I do?	Keeping safe: 1. Danger, risk or hazard? 2. How dare you?

3. Ok or not ok? (2) 4. An email from Harold 5. Different feelings 6. Under pressure	3. People we share our world with 4. That is such a stereotype! 5. Friend or acquaintance 6. Islands	3. Keeping ourselves safe 4. Raisin challenge (2) 5. Picture wise 6. Medicines: Check the label
Spring 2	Summer 1	Summer 2
Rights and respect: 1. Who helps us stay healthy and safe? 2. It's your right 3. How do we make a difference? 4. In the news! 5. Safety in numbers 6. Why pay taxes?	Being my best: 1. What makes me ME? 2. Making choices 3. Scarf hotel 4. Harold's 7 R's 5. My school community (1) 6. Basic first aid	Growing and changing: 1. Moving house 2. My feelings are all over the place? 3. All change! 4. Preparing for changes at puberty 5. Secret or surprise? 6. Together

Year 5		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. Collaboration challenge! 2. Give and take 3. How good a friend are you? 4. Relationship cake recipe 5. Our emotional needs 6. Being assertive	Valuing difference: 1. Qualities of friendship 2. Kind conversations 3. Happy being me 4. The land of the Red People 5. Is it true? 6. Stop, start stereotypes	Keeping safe: 1. Spot bullying 2. Play, like, share (1) 3. Play, like, share (2) 4. Decision dilemmas 5. Vaping: healthy or unhealthy? 6. Would you risk it?
Spring 2	Summer 1	Summer 2
Rights and respect: 1. What's the story? 2. Fact or opinion? 3. Mo makes a difference	Being my best: 1. It all adds up! 2. Different skills 3. My school community (2)	Growing and changing: 1. How are they feeling?

4. Rights, respect and duties 5. Spending wisely 6. Lend us a fiver!	4. Independence and responsibility 5. Star qualities? 6. Basic first aid including sepsis awareness	2. Taking notice of our feelings 3. Dear Ash 4. Growing up and changing bodies 5. Changing bodies and feelings 6. Help! I'm a teenager – get me out of here!
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*Y5 – Summer 2 – 4. Growing up and changing bodies and 5. Changing bodies and feelings – to be taught in same sex groups (girls/ boys split)

Year 6		
Autumn 1	Autumn 2	Spring 1
Me and my relationships: 1. Working together 2. Solve the friendship problem 3. Behave yourself 4. Assertiveness skills 5. Don't force me 6. Acting appropriately	Valuing difference: 1. Ok to be different 2. We have more in common than not 3. Respecting differences 4. Tolerance and respect for others 5. Advertising friendships! 6. Boys will be boys? Challenging gender stereotypes	Keeping safe: 1. Think before you click! 2. To share or not to share? 3. Rat Park 4. What sort of drug is ...? 5. Drugs: it's the law! 6. Alcohol: What is normal?
Spring 2	Summer 1	Summer 2
Rights and respect: 1. Two sides to every story 2. Fakebook friends 3. What's it worth? 4. Happy shoppers – caring for the environment 5. Democracy in Britain (1) 6. Democracy in Britain (2)	Being my best: 1. This will be your life! 2. Our recommendations 3. What's the risk? (1) 4. What's the risk? (2) 5. Basic first aid including sepsis awareness 6. Five ways to wellbeing project	Growing and changing: 1. I look great! 2. Media manipulation 3. Pressure online 4. Helpful or unhelpful? Managing change 5. Is this normal? 6. Making babies

*Y6 – Summer 2 - Making babies – taught in same sex groups (girls/ boys split)